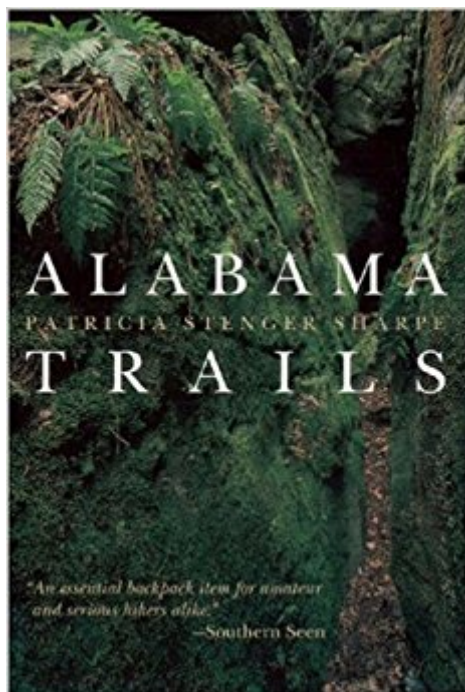


The book was found

Alabama Trails



Synopsis

A must for every serious walker, this handy pocket guide provides information on the many hiking trails available in the scenic state of Alabama. An avid hiker herself, Pat Sharpe has been there, knows the terrain, the flora and the fauna, the pitfalls . . . and the spectacular beauty of the state experienced from its hiking trails. Â Â

Book Information

Paperback: 168 pages

Publisher: University Alabama Press (August 30, 1993)

Language: English

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Product Dimensions: 5.2 x 0.4 x 7.9 inches

Shipping Weight: 6.4 ounces

Average Customer Review: 2.5 out of 5 stars 2 customer reviews

Best Sellers Rank: #3,697,643 in Books (See Top 100 in Books) #19 in Â Â Books > Travel > United States > Alabama #624 in Â Â Books > Health, Fitness & Dieting > Exercise & Fitness > Aerobics #909 in Â Â Books > Health, Fitness & Dieting > Exercise & Fitness > Walking

Customer Reviews

"This is an excellent resource for the avid backpacker to the occasional dayhiker. This guide provides the information necessary for planning simple or multi-day trips to diverse locations around Alabama. The trails covered in the book are, in my opinion, the best in the state."-Tom Lamb, American Hiking Society"Alabama Trails is a useful source of basic information for state hikers, scouts, wildflower fans, and birders. Its logical organization and readability will make it a must book for Alabama natural history enthusiasts." "Alabama Trails not only belongs in every Alabama library; it belongs in the back pockets of everybody walking those trails."--John C. Hall, The Alabama Museum of Natural History

Patricia Stenger Sharpe has hiked over 95 percent of the trails in Alabama and completed extensive research on trails while managing a trail shop in Montgomery, Alabama. Â Â

This guide is 15 years old and with that age many of the trails have been changed substantially (Pinhoti Trl) and some no longer exist at all (ie Lookout Mountain Trail). Do not use this book as a

stand alone resource. Also in the past 15 years there have been a lot of new trails opened that are not included (Huntsville Land Trust trails).

Probably the best, if not the only, book available on trails in the state. I have met Patricia and she is a very informed person on the state of our trails in the state. This book is a good book to carry with you in a backpack though it could have been a little smaller for better packing. If you plan on hiking any trails in AL, I recommend you buy this book first.

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